

What you think, so you become!

IN & NORTH INDIA MANY DEODLE HAVE THE
HABIT OF TELLING & VERSE WITHE BOTHING
"LOLD I am a finner - born out or sin
- with mind fall of tim, & sin all around me
ek-eh-
PAPT HAM PAPA JANMA HAM
PAPATMA PAPA SAMBHAVA
Even de ments repeat it without while bothing
The more you think of Pregity and becomes pure
The more you think of Pupity and becomes pure

In North India, many people have the habit of telling a verse while bathing: "Lord, I am a sinner - born out of sin – with mind full of sin, and sin all around me, etc. etc.

PAPI HAM PAPI JANMA

PAPATMA PAPA SAMBHAVA

Even old monks repeat it while bathing.

The more you think of Purity one becomes pure.

The more you think of SIN one becomes Sinner.