



What you think, so you become!

In NORTH INDIA MANY PEOPLE HAVE THE
HABIT OF TELLING A VERSE WHILE BATHING
"LORD I am a sinner - born out of sin
- with mind full of sin, & sin all around me
etc. etc.
PAPI HAM PAPI JANMA HAM
PAPATMA PAPA SAMBHAVA
Even old monks repeat it while bathing.
The more you think of PURITY one becomes pure
11 22 2 SIN one 22 SINNER.

In North India, many people have the habit of telling a verse while bathing:
"Lord, I am a sinner - born out of sin – with mind full of sin, and sin all around
me, etc. etc.

PAPI HAM PAPI JANMA

PAPATMA PAPA SAMBHAVA

Even old monks repeat it while bathing.

The more you think of Purity one becomes pure.

The more you think of SIN one becomes Sinner.