



## **The Pure Mind**

The Pure Mind is defined as God himself. Mind is full of vasanas – which create desire – which create actions and full of thoughts of past, future.

The impurities are indelible – throw it away along with the container.

“No thoughts – no mind” – it is the mind which created individual ‘I’.

The real and only impurity is to think I am an individual – when the impurity along with the individuality and mind (container) goes, what remains is God and God alone.

No commentaries explain these things – so one has to sit and read them under some saints who have some experience and book knowledge.

Top evolved people do not normally write commentaries – they may write books which again require commentaries. Middle evolved who write commentaries do not have the intuitive knowledge which comes out of sadhana and the consequent experiential knowledge.

This is not original –

Bhagavata: The first born Rishis – Sanaka, etc. go to Creator and ask – It is the mind which creates worldly objects and the mind is a constituent of these objects. These objects again get impressed in the mind and intertwined. HOW TO REMOVE ALL THESE SENSUAL OBJECTS? Creator could not answer. He thought of Supreme Lord who came there was a Swan.

The Rishis ask, “Who are you?”

Swan laughs at them – “Don’t you know there is only One and not many. What question do you put?”

All prostrate and say, “You must be the Supreme Lord Himself. Please solve our problem.”

He said: *MAD ROOPAM UBHAYAM TYAJA*

Don’t try to separate objects from mind. Throw both out. How to throw? – Take my form – I am Existence – So you Be – Remain in Amness

All world and mind disappear – OR

You constantly think of My form as Siva or Jesus. By constant thinking you will get identified with them. Neither mind nor objects will remain.

[This is called ‘Hans Avatar’ of God.

Three words (Sanskrit) are the answer.

Madrupa = Becoming of my form

Tyaja = Leave

Ubhayam = Both