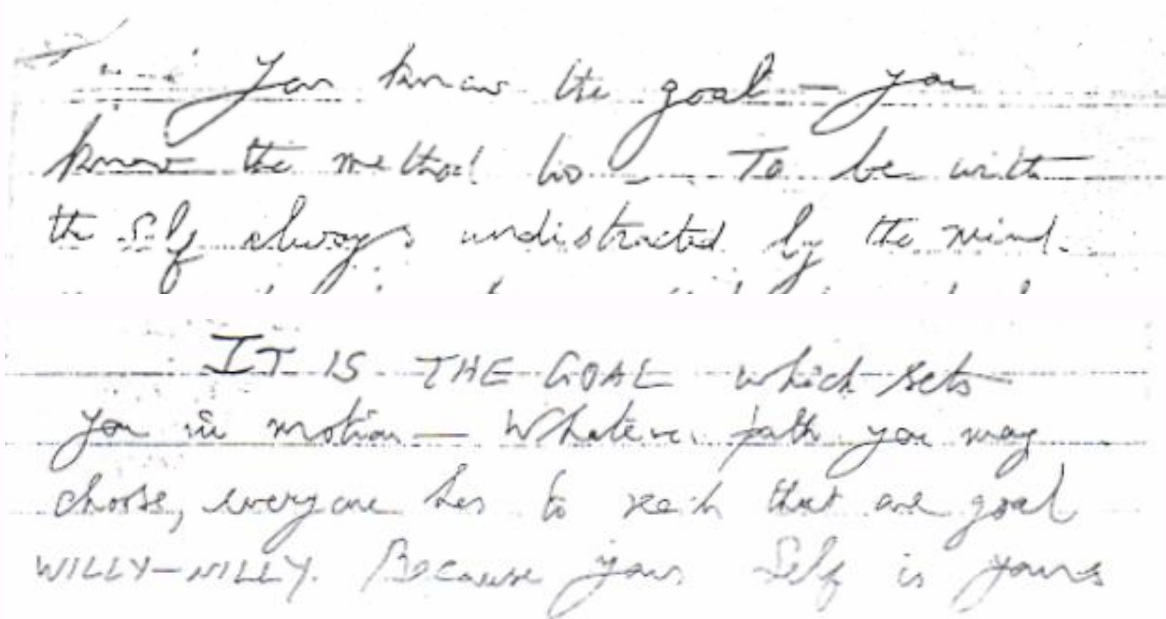




The Goal



You know the goal – you know the method.

Goal - To be with the Self always undistracted by the mind.

It is the Goal which gets you in motion – Whatever path you may choose, everyone has to reach that one goal willy-nilly.

Because your Self is yours.