

## Seshadri Swami - Incident 1

AT TIREVAMMENTED, SESHADA Shaw
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fel him to sther! - S'VAMI HON TO MEDITATE
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into SAMANIN for 5 hours. Then got ups
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go into Samadhi for 4 hours.

At Tiruvannamalai, Seshadri Swami went to the house of an old lady. She fed him and asked, "Swami, how to meditate."

Seshadri Swami sat in Padmasan and went into samadhi for 5 hours. Then got up and walked out without a word. After a week this lady found that she could go into samadhi for 4 hours.