

Shanta-Ananda – The Bliss of Silence

Navarati – Nine days of Worshipping the Divine Mother

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The Consciousness in the form of Mother has come out so that on seeing her and enjoying her Puja there will be a sympathetic vibration in our hearts and the individual consciousness is aroused. After finishing the work, She goes back. But our aroused consciousness may again go into slumber. So She comes again next year. this repeated attacks may raise the Kundalini to a state wherefrom it won't slip down. For nine days people forget their home and are identified with Mother's worship.