



## Mind plays

① THE MIND PLAYS – When you are in ARUNACHALA it wants you to go elsewhere. When you go elsewhere it will prompt you to come to ARUNACHALA or SOMEWHERE ELSE. If you decide your goal & cling to it with a CROCODILE GRIP & with PRAYERS TO RAMANA to supplement it (for 11 days pray to him), you will get GUIDANCE. To become a SANYASI is not donning a special robe. It is only COLOURING. THE MIND, BODY, all cells, entire being in the colour of the Self. Whether you go to a convent or a city – become a nun or a Doctor or Engineer. You are taking your mind with you. You can be a SANYASI in the heart; behave like that while remaining in the world. Where there are no temptations it is easier to control the mind. The moment you come back to the world it comes with RE-DOUBLED FORCE. TO PRACTISE TO REMAIN IN SELF ~~whether~~ whether you live in MULTITUDE or SOLITUDE it does not matter.

THE MIND PLAYS – When you are in Arunachala it wants you to go elsewhere. When you go elsewhere it will prompt you to come to Arunachala or somewhere else.

If you decide your goal and cling to it with a crocodile grip and with prayers to Ramana to supplement it (for 11 days pray to him), you will get guidance. To become a sanyasi is not donning a special robe. It is only colouring. The mind, body, all cells, entire being in the colour of the Self. Whether you go to a convent or a city – become a nun or a doctor or engineer, you are taking your mind with you. You can be a sanyasi in the heart; behave like that while remaining in the world. Where there are no temptations it is easier to control the mind. The moment you come back to the world it comes with re-doubled force. Practice to remain in Self; whether you live in multitude or solitude it does not matter.