

Savamiyi, Please ~~clarify~~ these matters.
clarify

① Through worshipping Arunachala. (Lord Arunachaleswara)
Through receiving His grace. there is no doubt that
the Supreme alone exists, we don't exist as egos,
as individuals. We are only the tools of Him.
yet there is a feeling of the separation in the mind.
"I" have not merged in that Supreme.
Please give me further guidance.

② In the state of Being (without thoughts, doing)
just relaxing in with myself, there is Bliss, there is contentment
there is fullness, there is Love, there is Peace.
In another state, there is one who is aware of this state,
another words, there is one who is objectifying Bliss etc.
Then I'm out of the state of Bliss and there is a sense of
nothingness arises. Is this a trap of the mind?
Please ~~clarify~~ these states.
clarify
Dear Madam,

I am not an all-knowing Master but
I shall gladly share my views.

THE LORD ALONE EXISTS & IS ALL PERVASIVE.
So, as long as we have a BODY-Sense, we can worship
him internally as Self or externally as GOD. The
response will be the same. It depends on our temperament,
inherited genes, pre-conditionings due to environment,
tradition where we were born, education etc. LIVING & Worshipping
GOD ^{SEPARATE FORMS} (BUT IN THE FULL KNOWLEDGE THAT HE IS
THE ULTIMATE FORMLESS SUPREME REALITY) - say, ARUNACHALA
is perfectly o.k. What happens is that sometimes our
mind revels and enjoys abiding in the Self. There
are other times (due to our mood, the atmospheric
vibrations etc) when we like worshipping him separately
as GOD. SHAGAWAN HIMSELF WHO REMAINED AS THE
SUPREME REALITY HAS WRITTEN THE MARITAL GARLAND
OF LETTERS (AKSHARA MANA MALAI) - where he treats
HIMSELF as the LOVER who has deceived the beloved.

the individual soul and abandoned mid-eg. yes it is a
ROMANCE BETWEEN JIVA (INDIVIDUAL SOUL) and the Supreme Lord.
The Bhagawan here affords the way of SLEFI SAINTS
& CONSIDERS HIMSELF SEPARATE FROM GOD. So there is no
harm in moving from unity to separateness & vice
versa. Both are recognised paths. Till we reach
a very high state, the Pendulum can swing from
one end to another so long as we maintain the
awareness that ARUNACHALA being all pervasive
is ~~not seated~~ very much seated in ~~my~~ heart
as also the hearts of all beings. IT IS NOT THE
ARUNACHALA IN TEMPLE ALONE but the one who is
in all the beings - from the ant to the elephant &
man. all human beings.

When we worship ARUNACHALA it is better if we
consider ourselves as separately existing. THEN WE BECOME
A HUMBLE DEVOTEE EGO, A PINING BELOVED EGO
& NOT THE ALL SUPERIOR KINGLY EGO. This ego
as per RAMAKRISHNA PARAMHANS is HARMLESS.

"LORD, I AM THY BONDED SLAVE. YOU DEAL WITH ME
IN WHATEVER WAY YOU LIKE". TO THINK OF YOU
CONSTANTLY IN ADULATION IS ENOUGH FOR ME".
Let this be the attitude - This is Surrender.

After PRACTICE, the separation will one day
vanish. We will merge in ARUNACHALA &
forget ourselves - BODY SENSE DISAPPEARS. - MIND DISAPPEARS
WE ~~RE~~ REMAIN AS ARUNACHALA - We get
DISSOLVED. EVEN RAMAKRISHNA PARAMHANS, THOUGH
FULLY ENLIGHTENED, REMAINED IN THE DUAL RELATIONSHIP
WITH MOTHER KALI. IT IS THE MIND WHICH HIDES THE TOTALITY &
MAKES US THINK AS INDIVIDUALS. ALL SADHANA IS MEANT TO ELIMINATE MIND
BEFORE WE PERMANENTLY SETTLE DOWN, the
REGION OF BLISS IS A PICNIC SPOT wherefrom you
have to return home where the beauty of the PICNIC SPOT
can't be had. IT IS ONLY BY CONSTANT & REPEATED
PRACTICE UNTIRINGLY THAT WE WILL ABIDE PERMA-
NENTLY AT ALL TIMES IN BLISS. IN THAT STATE
THE MIND IS ANNIHILATED. In YOUR STATE IT IS
ONLY SUBDUED & MIND IS NOT GOT RID OF. THE
State of NOTHINGNESS IS A WOMAN'S land between
BLISS STATE & the worldly to worldly state.

Actually NOTHINGNESS IS NOT VOID. IN THAT STAGE WHAT ALL YOU ARE ACCUSTOMED, ALL WORLDLY OBJECTS ceases to exist. BUT IT IS NOT EMPTY. IT IS FULL OF THE LOVING PRESENCE of the LORD - BUT IN THE INVISIBLE UNMANIFESTED STATE. IF ONLY WE COULD SEE THE LIGHT EMANATING FROM THE ~~CONCE~~ NOTHINGNESS - YOU COULD SEE THAT BY CONTINUOUSLY OBSERVING THE BLANK WITHOUT JOY or REGRETMENT, WITHOUT LIKE or DIS LIKE as a witness - then the Progress will be automatic. In some of the books of YOGESWARAR (in our LIBRARY) - she is a very old saint still living in ^{MT} ABU - she has dealt with in detail with about what to do when the blankness comes. Another way is to imagine the Presence of the LORD in Self & keep our attention (not thought or mind) focussed on ^{it} ~~it~~ ^{when} the blankness comes. Then automatically we progress.

I have given my views & I do not know whether I make sense or not.

YOU HAVE TWO GREAT ADVANTAGES

① In whichever spiritual realms you wander, BHAGAVAN RAMANA is there to guide you & take you forward (even if your way is NOT "WHO AM I" path). He is holding your hand.

② The longing to reach the goal & intensifying it to a volcanic eruptive state - This alone will take you to the Goal.

After reaching, you will find that all your efforts were all in a dream & all the while you ^{remained as} the Perpetual Supreme Reality. That is why BHAGAVAN SAYS - TO REPOSE ^{the} SELF IS THE EASIEST. WE ARE STRIVING FOR A 'FAIT ACCOMPLI'.

OM NAMO BHAGAVATE SRI RAMANAYAMA

P.S

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So long as we have an iota of attachment or ~~love~~ love left for any human being or any object of the World, it ~~will take~~ the progress will be delayed. The Self or LORD is a jealous love & would not like being shared along with the World. ALL-CONSUMING, ONE-POINTED UNDIVIDED ATTENTION & LOVE - if we give HIM, HIS RESPONSE WILL BE INSTANTANEOUS.