

How Japa leads to meditation?

Please clareful Now.

Japa Leals to Meditation!

The 19 says in OPPO is you go an charling - sometimes methorically but mind is elsewhere

in stage is MIND CONCENTRATES

with in Workings of OPPS or on the form of the DEITY

3º Abye - Whalever work you may be doing eating reading to opps gots on intervally intent you Volting gots on intervally intent you Volting

4th Story Japa Starts - The OPPS disappears you the one who charted you is continuous of brody disappears - MIND UI disappear only THAT!

Nemains is SAMED HI

Question: Please clarify how: Japa leads to meditation!

Response:

The 1st stage of Japa is you go on chanting – sometimes mechanically but mind is elsewhere.

2nd stage is mind concentrates either in wordings of Japa or on the form of deity.

3rd stage: Whatever work you may be doing – eating, reading, the Japa goes on internally without your volition.

4th Stage: Japa starts – the Japa disappears – you the one who chanted, you i.e. consciousness of body disappears – Mind and I disappear – only 'THAT' remains i.e. Samadhi. would not a commentary (not so very brief)
se very nice?

jakaro janmavicchedah paka aah
papanasanah

janmakarmaharo yasmat tasmajjapa iti
smrtah

The noot meening of JADA is
to recite repeatedly. Jap' to recite.

This is an acronym when each alphabet
making up to ward is considered as a
more monic device to emphasise the

quest of JADA:

This has two letters. Ja & Pa

Ja Hands for JADA:

Once for all cutting of the Birth
Death cycle + Sending as to the Land

of NO RETURN?

Pa' stands of anni hillion of hime.

Q: Would not a commentary (not so very brief be very nice?

Response:

The root meaning of Japa is to recite repeatedly – 'Jap' to recite. This is an acronym where each alphabet making up the word is considered as a mnemonic device to emphasise the effects of Japa.

This has two letters: - Ja and Pa.

JA stands for Janma Vicheda i.e. once for all cutting off the Birth-Death and sending us to the land of 'No Return'

PA stands for annihilation of sins.

of understanding it is the bound level of understanding it is the transgression of ten commandments of the ordinance of Societares all great sins (Mala paper) a minor sins (upa paper) have been listed at killing a men of Spiritual eminence, Sleeping with Gerus wife, drinking the are Mason Sirs.

At a higher level the only sin is identifying our Self with the body, This is it wont sim from which all other hims have emanated.

So All there hims are inprotect for good by by Japa — I indicated by "pa (paper) to indicated by "pa (paper) to the trakes away (HARO) in dispels (i) feture brites (JANNA) and (e) SINS — Becam 2 this two fold effects the owner.

What is a 'sin'?

Αt the lowest level of understanding it is the transgression of ten commandments and the ordinance of scriptures. All major sins (maha papa) and minor sins (upar papa) have been listed out killing a man of spiritual eminence, sleeping with Guru's drinking, etc. are major sins.

At a higher level, the only sin is identifying our Self with the body. This is the root sin from which all other sins have emanated.

So all the sins are uprooted for good by Japa and indicated by 'pa' [papa nāsa (destruction)].

That it takes away (Haro) or dispels (1) Future births (Janma) and (2) Sins — because of this two-fold effect the name Japa has come.

SIMILARLY WOLD BODY Comes for ANGLOSATON - (8 Gat) BOD 165 (2 is HOLE is OXFORD THUMB INDEX DICTIONS which means " THE INDNELLER" The Word personality is from LATIN & Personare meaning a MASK with two slike (THAT IS What our personality is -). Im SANSKAIT - For BODY to words are used U) DEHA DEHA - Come for TWO 20075 (1) DAHYATE (forms (E) - THAT WHICH IS FINALLY BURNT OFF-CREMATED. IT IS NOT ORDINARY BURNING. The GRUSS BODY CAN BE CREATED What about the SUBTLE a Cithereal body which transmigrates to another body in a womb? YES THAT IS ALSO BURNT OFF by the FIRE OF KNOWLEDGE ST BOTH BODIES FALL OFF G KNOWLEDGE

Similarly word 'Body' comes from Anglosaxon – (I think) Bodigs (it is there in Oxford Thumb Index Dictionary) which means "The Indweller"

The word 'personality' is from Latin. 'Personare' meaning a mask with two slits (That is what our personality is -) In Sanskrit – for 'Body' two wrods are used (1) Deha (2) Sarira

Deha → comes from Two Roots

(1) Dahyatē (from root दह) — That which is finally burnt off-cremated.

It is not ordinary burning. The Gross body can be cremated. What about the Subtle and Ethereal body which transmigrates to another body in a womb? Yes that is also burnt off by the Fire of Knowledge.

So both bodies fall off by Knowledge.

LES Seems merning in for root tops

"DIH" to assumbly.

That like a motorian the body is an assumbly of various parts, hands, feel etc.

I SARIRA cour for root SRING'

THAT WHICH DET PROGRESSIVELY DEGENERATES / DEPRECIATES or Warter Off daily.

Each Word in SANSKRT is an Entire PHILOSOPHY

(2) Second meaning is from root "Dih" – to assemble.

Just like a motorcar, the body is an assembly of various parts, hands, feet, etc.

II. Sarira comes from root 'Sring' that which progressively degenerates/depreciates or wastes off daily.

Each word in Sanskrit is an entire philosophy.