

Shanta-Ananda – The Bliss of Silence

## Follow prescribed paths

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In Gita there is one verse:

"One who follows/treads non-traditional paths will never reach the goal"

In Chandogya a story comes of 4 famous saints-teachers of Meditation on parts of Universe -> sun, water, etc. earned a lot of money and were on the verge of eternal damnation due to the partial meditation and rescued by their good sense which took them to a learned King who told them, "You have come just in time. Otherwise you would have either incurred a fell disease or suffer badly because of your wrong approach in meditation.