



## A Sanyasi should have no body sense

This morning an older devotee advised me that I should take good care of my body + quoted some great sage (Sankara, I think)

"Anāyāsena maraṇam  
vinā daṇḍena jīvanam."

"Lord give me effortless (trouble-free) death and a life bereft of poverty."

I told him that this does not apply to Sanyasis at all as for them Scriptures prescribe a life of poverty. This is applicable to householders. There also why should a devotee seek comfort + life of ease from God?

When a man is in death bed if he is afflicted with diseases, pain etc. his mind will be completely ~~the~~ concentrated on the body + pain + NOT ON GOD which is necessary at the last moment.

During the entire life if a man is penniless, his mind will be distracted with worries + anxieties of finance + no Sadhana will be done. A Sanyasi should have no body sense at all. This verse is meant for a Householder.

THIS SLOKA IS OFT-QUOTED – MY FATHER USED TO QUOTE SINCE I WAS 9 YEARS OLD.

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