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For some purposes as in earlier Sl.No. 15 (as supplementary) i.e. to get rid of fears, possession by evil spirits, black magic, sorcery etc., and deep mental depression.

In cases of possession by evil spirits, the person can be made to take a full bath in the water impregnated by the chanting of RUDRAM (of Yajurveda) by the MAHANYASAM METHOD. This should be got done only through qualified priests.

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1. शास्ता मन्त्रं

ओं घूं नमः पराय गोप्त्रे नमः

2. दुर्गास्तोत्रं

सर्व स्वरूपे सर्वेशे सर्वशक्ति समन्विते ।  
भयेभ्य स्त्राहि नो देवि दुर्गे देवि नमोऽस्तु ते ॥

1. SĀSTĀ MANTRA

Om Ghroom Namaḥ  
Parāya Goptrē Namaḥ

2. HYMN TO DURGA

Sarva Svaroopē Sarvēśē  
Sarva Śakti Samanvitē  
Bhayēbhyas Trāhi Nō  
Dēvi Durgē Dēvi Namōstutē

1. (64 to 108 times daily for 6 months)
2. (11 times daily morning and evening)